## FITNESS CENTRE

## STEAM ROOM



No Pets 禁止携带宠物



No Eating 禁止饮食

## Fitness Centre

- 1. No pets;
- 2. Proper attire;
- 3. No glassware;
- 4. No eating;
- 5. No playing;
- 6. Not under the influence of drugs, alcohol;
- 7. Children under 14 years old must be accompanied by adult;
- \* Exercise at your own risk.

## Steam Room

- 1. Not suitable for those with health condition, not limited to pregnant women, elderly, etc.
- 2. Not under the influence of drugs, alcohol;
- 3. No pets;
- 4. No wearing of jewelry;
- 5. Only towel to be worn;
- 6. Recommendation:
  - 3 10 minutes per session;
- 7. Under the age of 16 years old not permitted.

\*The Management shall not be responsible for any injury, death, accident, loss of valuables or personal belongings.

In case of emergency, call: +604 373 3233