

FITNESS CENTRE & STEAM ROOM

健身房与蒸汽房使用守则

8:00am — 10:00pm



No Pets

禁止携物



No Eating

禁止食

Fitness Centre

1. No pets;
2. Proper attire;
3. No glassware;
4. No eating;
5. No playing;
6. Not under the influence of drugs, alcohol;
7. Children under 14 years old must be accompanied by adult;

* Exercise at your own risk.

Steam Room

1. Not suitable for those with health condition, not limited to pregnant women, elderly, etc.
2. Not under the influence of drugs, alcohol;
3. No pets;
4. No wearing of jewelry;
5. Only towel to be worn;
6. Recommendation:
3 – 10 minutes per session;
7. Under the age of 16 years old not permitted.

*The Management shall not be responsible for any injury, death, accident, loss of valuables or personal belongings.

In case of emergency, call: +604 373 3233